

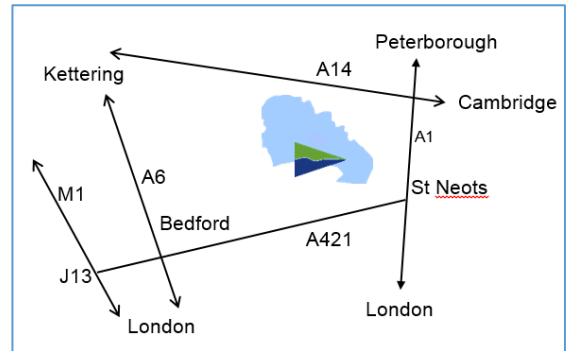
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About the Club

Where we are – middle of the country

The club is located in central England, about three miles from the A1/A14 junction, between Bedford, Northampton, Cambridge and Peterborough, some 60 miles north of London.



The lake – one of the biggest in the UK

Grafham Water is an Anglian Water reservoir of 1,600 acres: three miles long and maximum 1.5 miles wide.

The club – well-established, big enough for everyone

The club was founded in 1966. We have around 1,200 members with about 700 boats. We are a members' club, but we have the benefit of professional safety and office staff.

What we sail – almost anything

Our members sail dinghies, catamarans, foilers, sailboards, day keelboats and small sailing cruisers. We are able to offer a complete sailing pathway from novice to elite racer with a full and varied programme of activity.

When we are open

The club is open seven days a week throughout the year, except Christmas Day, Boxing Day and New Year's Day. The water opens for sailing from 1030 on weekdays and 0930 at weekends. Closing times vary during the year, depending on the time of sunset, and are shown on our website. There is organised sailing activity on Sundays throughout the year, and on Tuesday mornings, Wednesday and Friday evenings, and Saturdays during the summer months and into the autumn.

Leisure sailing

You can sail whenever the water is open.

Training

Through our RYA recognised training school the club offers a range of formal and informal training for Junior, Youth and Adult members. Activities run from April to October. For Youths (8-15 years) the courses are week-long during the school holidays. Courses for Adults are scheduled to suit our customers and usually last for two or four days. All these courses use our fleet of club boats. We also run "improver" sessions for those who want to develop their sailing skills, using either their own boats or club boats.

'Team Grafham' on Saturday afternoons, is our session for Youths who want to improve their sailing or just come along to have fun.

Pathway

On Tuesdays, Saturday afternoons, and Friday evenings during the summer and autumn we run informal sessions for those who want to develop their sailing and racing skills. We provide coaching support on the water, and a discussion afterwards about various aspects of racing skills.

Racing

Organised racing takes place every Sunday throughout the year, and on Wednesday evenings in the summer. Less formal racing is included in our Friendly Friday and Sociable Saturday sessions. Team Grafham Racing, new this year, is our initiative to be held on Sunday afternoons. We also have a number of special events during the year.

Open Meetings

Grafham is a sailing venue of national importance and during the year we host a number of major Open Meetings with the largest events attracting up to 300 boats. There is ample room on the lake for three full-size race tracks. For members, this provides the opportunity to race in big fleets without having to travel or, for those who are so interested, to develop race management skills.

Windsurfing

The lake provides excellent facilities for windsurfing. For beginners, training is available from "Jonti", the onsite chandlery and the Club offers 'Let's go windsurfing' sessions. For more experienced windsurfers, the lake provides a great strong-wind venue, without the need to travel to the coast. Kite-surfing is currently not permitted on the lake.

Club boats – sail even if you don't have your own boat

The club has a fleet of boats for use by members. The fleet includes Laser Standard, Radial and Picos, Toppers, RS Teras, Laser Stratos, 2000s and Dart 16s.

Onshore

We have a large three-storey clubhouse with a cafe on the ground floor serving food and hot drinks during main activity times, and a bar and lounge on the top floor with spectacular views across the lake. This is also available for hire.

For those in the family who don't want to sail, there is a nature reserve at the west end of the lake, and the club provides a great base for cycling. There is a nine mile cycle track around the lake and the cycle path passes along the edge of the club grounds.

Our grounds – plenty of space

We have extensive club grounds with plenty of space for car parking, boat berths, and onshore activities.

Safety support

Our professional and qualified coxswains provide on-water cover seven days a week. The coxswains are supported by volunteer safety boat crews who also assist with race management activities, including mark-laying, using our fleet of six RIBs and four committee boats. Powerboat and First Aid training is available for members who want to become safety boat crews.

Chandlery – don't miss out because of a breakage

We have an on-site chandlery, "Jonti", that is well stocked for dinghies, windsurfing and sailing clothing. They will also help with boat, sail and dry-suit repairs.

Volunteering – helping each other

The majority of club activities are run by members, and joining the club means that you are willing to get involved in supporting club activities. You can choose from a number of tasks including, amongst others, assisting with running races, helping on a safety boat, greeting Open Meeting visitors and helping to improve the club facilities via working parties.

What does it cost?

There are two parts to fees – membership and boat dues. If you don't have a boat, there are no boat dues! There is no joining fee.

Adult membership costs £240 per year. Family membership is £328 per year. A non-sailing partner is free. Boat dues are £164 per year for dinghies and catamarans. There are special rates for juniors, seniors and youths and for other types of boat: please enquire at the office (office@grafham.org) for full details.

For more information about the Club visit our website at

www.grafham.org

APRIL 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sun	01-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400			
Mon	02-Apr		Dinghy Instructor Course		
Tue	03-Apr	#thisgirlcan 1030-1230			Working party 1030
Wed	04-Apr				Fitting Out Supper
Thu	05-Apr				
Fri	06-Apr				
Sat	07-Apr	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Powerboat 2 Course		
Sun	08-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400 Team Grafham Racing	Powerboat 2 Course		
Mon	09-Apr				
Tue	10-Apr	#thisgirlcan 1030-1230			
Wed	11-Apr	Wednesday Evening Series 1830			
Thu	12-Apr				
Fri	13-Apr				
Sat	14-Apr	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	International Moth and Waszp Open	
Sun	15-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400 Team Grafham Racing	Adult Course 1		
Mon	16-Apr				
Tue	17-Apr	#thisgirlcan 1030-1230			
Wed	18-Apr	Wednesday Evening Series 1830			Working party 1030
Thu	19-Apr				
Fri	20-Apr				
Sat	21-Apr	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 First Aid Course	Cambridge University Cruising Club Mixed Pairs	
Sun	22-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400 Team Grafham Racing	Adult Course 1		
Mon	23-Apr				
Tue	24-Apr	#thisgirlcan 1030-1230			
Wed	25-Apr				
Thu	26-Apr	Wednesday Evening Series 1830			
Fri	27-Apr				
Sat	28-Apr	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	Topper Inlands	New Members Meet 1300
Sun	29-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400 Last in Series Team Grafham Racing			
Mon	30-Apr				

MAY 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Tue	01-May	#thisgirlcan 1030-1230			Working party 1030
Wed	02-May	Wednesday Evening Series 1900			
Thu	03-May				
Fri	04-May	Friendly Friday from 1800			
Sat	05-May	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345		
			Team Grafham 1430 to 1630		
			Powerboat 2 Course Refresher Day		
Sun	06-May	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 (first in Series) Team Grafham Racing	Adult Course 2		
			Powerboat 2 Course		
Mon	07-May			Catamaran Demo Day	Push the Boat Out Club Open Day
Tue	08-May	#thisgirlcan 1030-1230			
Wed	09-May	Wednesday Evening Series 1900			
Thu	10-May				
Fri	11-May	Friendly Friday from 1800			
Sat	12-May	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345	RS600 Inlands	
			Team Grafham 1430 to 1630	Optimist Training	
Sun	13-May	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Powerboat 1	RS600 Inlands	
			Adult Course 2	Optimist Training	
Mon	14-May				
Tue	15-May	#thisgirlcan 1030-1230	#thisgirlcan - beginner wk 1 1030-1330		
Wed	16-May	Wednesday Evening Series 1900			Working party 1030
Thu	17-May				
Fri	18-May	Friendly Friday from 1800			
Sat	19-May	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345	Optimist Inlands	
			Team Grafham 1430 to 1630		
Sun	20-May	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing			
Mon	21-May				
Tue	22-May	#thisgirlcan 1030-1230	#thisgirlcan - beginner wk 2 1030-1330		
Wed	23-May	Wednesday Evening Series 1900			
Thu	24-May				
Fri	25-May	Friendly Friday from 1800			
Sat	26-May	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345		New Members Meet 1300
			Team Grafham 1430 to 1630		
			Let's go Windsurfing		
Sun	27-May	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing			
Mon	28-May				
Tue	29-May	#thisgirlcan 1030-1230	#thisgirlcan - beginner wk 3 1030-1330		
			Youth RYA Stage 1&2		
			Adult Level 1&2		
Wed	30-May	Wednesday Evening Series 1900	Youth RYA Stage 1&2		
			Adult Level 1&2		
Thu	31-May		Youth RYA Stage 1&2		
			Adult Level 1&2		

JUNE 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Fri	01-Jun	Friendly Friday from 1800	Youth RYA Stage 1&2 Adult Level 1&2		
Sat	02-Jun	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	Camb's Youth League	
Sun	03-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Adult Course 3		
Mon	04-Jun				
Tue	05-Jun	#thisgirlcan 1030-1230	#thisgirlcan - beginner wk 4 1030-1330		Working party 1030
Wed	06-Jun	Wednesday Evening Series 1900			
Thu	07-Jun				
Fri	08-Jun	Friendly Friday from 1800	Flying Fifteen Training		
Sat	09-Jun	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Let's go Windsurfing	Flying Fifteen Inlands	
Sun	10-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Adult Course 3		
Mon	11-Jun				
Tue	12-Jun	#thisgirlcan 1030-1230	#thisgirlcan - beginner wk 5 1030-1330		
Wed	13-Jun	Wednesday Evening Series 1900			
Thu	14-Jun				
Fri	15-Jun	Friendly Friday from 1800			
Sat	16-Jun	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Powerboat 2 Course		
Sun	17-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Powerboat 2 Course		
Mon	18-Jun				
Tue	19-Jun	#thisgirlcan 1030-1230	#thisgirlcan - beginner wk 6 1030-1330		
Wed	20-Jun	Wednesday Evening Series 1900			Working party 1030
Thu	21-Jun				
Fri	22-Jun	Friendly Friday from 1800			
Sat	23-Jun	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	Asymmetric Open	
Sun	24-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Adult Course 4		
Mon	25-Jun				
Tue	26-Jun	#thisgirlcan 1030-1230			
Wed	27-Jun	Wednesday Evening Series 1900			
Thu	28-Jun				
Fri	29-Jun	Friendly Friday from 1800			
Sat	30-Jun	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Powerboat 1 Let's go Windsurfing		

JULY 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sun	01-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Adult Course 4		
Mon	02-Jul				
Tue	03-Jul	#thisgirlcan 1030-1230	Powerboat 1		Working party 1030
Wed	04-Jul	Wednesday Evening Series 1900			
Thu	05-Jul				
Fri	06-Jul	Friendly Friday from 1800			
Sat	07-Jul	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	RS Feva Grand Prix	
			Safety Boat Course		
			Safety Boat Course		
Sun	08-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Safety Boat Course		
Mon	09-Jul				
Tue	10-Jul	#thisgirlcan 1030-1230	Youth RYA Stage 1&2		
Wed	11-Jul	Wednesday Evening Series 1900			
Thu	12-Jul				
Fri	13-Jul	Friendly Friday from 1800			
Sat	14-Jul	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630		New Members Meet 1300
			Powerboat 2 Course		
			Let's go Windsurfing		
			Powerboat 2 Course		
Sun	15-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Adult Course 5		
Mon	16-Jul				
Tue	17-Jul	#thisgirlcan 1030-1230	Youth Refresher Youth Stage 3		
Wed	18-Jul	Wednesday Evening Series 1900			Working party 1030
Thu	19-Jul				
Fri	20-Jul	Friendly Friday from 1800			
Sat	21-Jul	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630		
			Team Grafham 1430 to 1630		
Sun	22-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 Team Grafham Racing	Adult Course 5		
Mon	23-Jul		Adult Level 1&2 Youth RYA Stage 1&2		
Tue	24-Jul	#thisgirlcan 1030-1230	Adult Level 1&2 Youth RYA Stage 1&2		
Wed	25-Jul	Wednesday Evening Series 1900	Adult Level 1&2 Youth RYA Stage 1&2		
Thu	26-Jul		Adult Level 1&2 Youth RYA Stage 1&2		
Fri	27-Jul	Friendly Friday from 1800	Youth RYA Stage 1&2		
Sat	28-Jul	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630		
			Team Grafham 1430 to 1630		
			Let's go Windsurfing		
Sun	29-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400 (last in Series) Team Grafham Racing			AGM 1700
Mon	30-Jul		Youth Refresher Youth Stage 3		
Tues	31-Jul	#thisgirlcan 1030-1230	Youth Stage 3		

AUGUST 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Wed	01-Aug	Wednesday Evening Series 1900	Youth Refresher Youth Stage 3		
Thu	02-Aug				
Fri	03-Aug	Friendly Friday from 1800			
Sat	04-Aug	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630		
Sun	05-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Adult Course 6		
Mon	06-Aug		Youth Summer Camp		
Tue	07-Aug	#thisgirlcan 1030-1230			Working party 1030
Wed	08-Aug	Wednesday Evening Series 1900			
Thu	09-Aug				
Fri	10-Aug	Friendly Friday from 1800			
Sat	11-Aug	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630		
Sun	12-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Adult Course 6		
Mon	13-Aug		Youth RYA Stage 1&2		
Tue	14-Aug	#thisgirlcan 1030-1230			
Wed	15-Aug	Wednesday Evening Series 1830			Working party 1030
Thu	16-Aug				
Fri	17-Aug				
Sat	18-Aug	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Powerboat 2 Course Let's go Windsurfing		
Sun	19-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Powerboat 2 Course		
Mon	20-Aug		Youth Refresher Youth Stage 3		
Tue	21-Aug	#thisgirlcan 1030-1230			
Wed	22-Aug	Wednesday Evening Series 1830			
Thu	23-Aug				
Fri	24-Aug				
Sat	25-Aug	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Let's go Windsurfing		
Sun	26-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing			
Mon	27-Aug			Long Distance Race	Summer BBQ
Tue	28-Aug	#thisgirlcan 1030-1230	Adult Level 1&2 Youth RYA Stage 1&2		
Wed	29-Aug	Wednesday Evening Series 1830	Adult Level 1&2 Youth RYA Stage 1&2		
Thu	30-Aug		Adult Level 1&2 Youth RYA Stage 1&2		
Fri	31-Aug		Adult Level 1&2 Youth RYA Stage 1&2		

SEPTEMBER 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sat	01-Sep	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345		New Members Meet 1300
	Team Grafham 1430 to 1630				
	Powerboat 2 Course				
	Let's go Windsurfing				
Sun	02-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Powerboat 2 Course		
Mon	03-Sep				
Tue	04-Sep	#thisgirlcan 1030-1230			Working party 1030
Wed	05-Sep	Wednesday Pursuit Race			
Thu	06-Sep				
Fri	07-Sep				
Sat	08-Sep	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345	D-Zero Inlands	
	Team Grafham 1430 to 1630				
Sun	09-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Adult Course 7		
Mon	10-Sep				
Tue	11-Sep	#thisgirlcan 1030-1230			
Wed	12-Sep				
Thu	13-Sep				
Fri	14-Sep				
Sat	15-Sep	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345		
	Team Grafham 1430 to 1630				
	Powerboat 1				
	Refresher Day Let's go Windsurfing				
Sun	16-Sep	Duke of Edinburgh Club Championships includes Team Grafham Racing	Adult Course 7		
Mon	17-Sep				
Tue	18-Sep	#thisgirlcan 1030-1230			
Wed	19-Sep				Working party 1030
Thu	20-Sep				
Fri	21-Sep				
Sat	22-Sep	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345	Solo Inlands	
	Team Grafham 1430 to 1630				
Sun	23-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing			
Mon	24-Sep				
Tue	25-Sep	#thisgirlcan 1030-1230			
Wed	26-Sep				
Thu	27-Sep				
Fri	28-Sep				
Sat	29-Sep	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345	RYA Zone Squad Championships	
	Team Grafham 1430 to 1630				
Sun	30-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Adult Course 8		

OCTOBER 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Mon	01-Oct				
Tue	02-Oct	#thisgirlcan 1030-1230			Working party 1030
Wed	03-Oct				
Thu	04-Oct				
Fri	05-Oct				
Sat	06-Oct	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	RS400, RS800 and RS200 Inlands	
Sun	07-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Adult Course 8		
Mon	08-Oct				
Tue	09-Oct	#thisgirlcan 1030-1230			
Wed	10-Oct				
Thu	11-Oct				
Fri	12-Oct				
Sat	13-Oct	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Powerboat 2 Course Mark Laying Course		
Sun	14-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Powerboat 2 Course		
Mon	15-Oct				
Tue	16-Oct	#thisgirlcan 1030-1230			
Wed	17-Oct				Working party 1030
Thu	18-Oct				
Fri	19-Oct				
Sat	20-Oct	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630	Catamaran Open	New Members Meet 1300
Sun	21-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing			
Mon	22-Oct				
Tue	23-Oct	#thisgirlcan 1030-1230	Half Term Fun		
Wed	24-Oct				
Thu	25-Oct				
Fri	26-Oct				
Sat	27-Oct	Sociable Saturday from 1430	Adult Taster 0930 to 1130 Sailing Clinic 0930 to 1130 Club Coaching 1145 to 1345 Team Grafham 1430 to 1630 Safety Boat Course First Aid Course		Laying up Supper
Sun	28-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 Team Grafham Racing	Safety Boat Course		
Mon	29-Oct				
Tue	30-Oct	#thisgirlcan 1030-1230			
Wed	31-Oct				

NOVEMBER 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Thu	01-Nov				
Fri	02-Nov				
Sat	03-Nov			Ovington Inlands 49er, Musto Skiff, 505, Solution, Flying 15, Phantom	
Sun	04-Nov	Sunday Winter Series 1100			
Mon	05-Nov				
Tue	06-Nov				Working party 1030
Wed	07-Nov				
Thu	08-Nov				
Fri	09-Nov				
Sat	10-Nov				
Sun	11-Nov	Sunday Winter Series 1100		420 Training	
Mon	12-Nov				
Tue	13-Nov				
Wed	14-Nov				
Thu	15-Nov				
Fri	16-Nov				
Sat	17-Nov				
Sun	18-Nov	Sunday Winter Series 1100		420 EOS 29er Inlands	
Mon	19-Nov				
Tue	20-Nov				
Wed	21-Nov				Working party 1030
Thu	22-Nov				
Fri	23-Nov				
Sat	24-Nov				
Sun	25-Nov	Sunday Winter Series 1100		Laser Masters Inlands	
Mon	26-Nov				
Tue	27-Nov				
Wed	28-Nov				
Thu	29-Nov				
Fri	30-Nov				

DECEMBER 2018		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sat	01-Dec				
Sun	02-Dec	Sunday Winter Series 1100	Powerboat 2 Course		
Mon	03-Dec				
Tue	04-Dec				Working party 1030
Wed	05-Dec				
Thu	06-Dec				
Fri	07-Dec				
Sat	08-Dec				
Sun	09-Dec	Sunday Winter Series 1100			New Members Meet 1300
Mon	10-Dec				
Tue	11-Dec				
Wed	12-Dec				
Thu	13-Dec				
Fri	14-Dec				
Sat	15-Dec				
Sun	16-Dec	Christmas Pursuit Race 1100			Christmas Lunch
Mon	17-Dec				
Tue	18-Dec				
Wed	19-Dec				Working party 1030
Thu	20-Dec				
Fri	21-Dec				
Sat	22-Dec				
Sun	23-Dec	Sunday Winter Series 1100			
Mon	24-Dec				
Tue	25-Dec	Club Closed			
Wed	26-Dec	Club Closed			
Thu	27-Dec				
Fri	28-Dec				
Sat	29-Dec				
Sun	30-Dec	Sunday Winter Series 1100		38th Grafham Grand Prix	
Mon	31-Dec				

JANUARY 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Tue	01-Jan	Club Closed			
Wed	02-Jan				
Thu	03-Jan				
Fri	04-Jan				
Sat	05-Jan				
Sun	06-Jan	Sunday Winter Series 1100			
Mon	07-Jan				
Tue	08-Jan				Working party 1030
Wed	09-Jan				
Thu	10-Jan				
Fri	11-Jan				
Sat	12-Jan				
Sun	13-Jan	Sunday Winter Series 1100			
Mon	14-Jan				
Tue	15-Jan				
Wed	16-Jan				Working party 1030
Thu	17-Jan				
Fri	18-Jan				
Sat	19-Jan				
Sun	20-Jan	Sunday Winter Series 1100			
Mon	21-Jan				
Tue	22-Jan				
Wed	23-Jan				
Thu	24-Jan				
Fri	25-Jan				
Sat	26-Jan				
Sun	27-Jan	Sunday Winter Series 1100			
Mon	28-Jan				
Tue	29-Jan				
Wed	30-Jan				
Thu	31-Jan				

FEBRUARY 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Fri	01-Feb				
Sat	02-Feb				
Sun	03-Feb	Sunday am Spring Series 1100 (first in Series)			
Mon	04-Feb				
Tue	05-Feb				Working party 1030
Wed	06-Feb				
Thu	07-Feb				
Fri	08-Feb				
Sat	09-Feb				
Sun	10-Feb	Sunday am Spring Series 1100			
Mon	11-Feb				
Tue	12-Feb				
Wed	13-Feb				
Thu	14-Feb				
Fri	15-Feb				
Sat	16-Feb				
Sun	17-Feb	Sunday am Spring Series 1100		505 Training	
Mon	18-Feb				
Tue	19-Feb				
Wed	20-Feb				Working party 1030
Thu	21-Feb				
Fri	22-Feb				
Sat	23-Feb				
Sun	24-Feb	Sunday am Spring Series 1100		505 Training	
Mon	25-Feb				
Tue	26-Feb				
Wed	27-Feb				
Thu	28-Feb				

MARCH 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Fri	01-Mar				
Sat	02-Mar				RYA Dinghy Show (Alexandra Palace)
Sun	03-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			RYA Dinghy Show (Alexandra Palace)
Mon	04-Mar				
Tue	05-Mar				Working party 1030
Wed	06-Mar				
Thu	07-Mar				
Fri	08-Mar				
Sat	09-Mar				
Sun	10-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	11-Mar				
Tue	12-Mar				
Wed	13-Mar				
Thu	14-Mar				
Fri	15-Mar				
Sat	16-Mar				
Sun	17-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	18-Mar				
Tue	19-Mar				
Wed	20-Mar				Working party 1030
Thu	21-Mar				
Fri	22-Mar				
Sat	23-Mar				
Sun	24-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	25-Mar				
Tue	26-Mar				
Wed	27-Mar				
Thu	28-Mar				
Fri	29-Mar				
Sat	30-Mar				
Sun	31-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			

For more information about the Club visit our website at
www.grafham.org



Training Programme 2018

The Club is an RYA recognised Training Centre and the following pages give details of our training courses and activities for Youths (8-15) and Adults (16+); both beginners and those who want to develop their sailing and racing skills.

Our courses are for existing and new Club members. Club membership allows you to hire our Club boats after successful completion of your Level 2 course, and to join in our free coached Tuesday, "Friendly Friday" and "Sociable Saturday" sessions to develop your skills, introduce you to racing, and give you help on the water.

Continuing in 2018, after the successful introduction last year, are our free Saturday coaching sessions "Let's go windsurfing". These use the Club's newly acquired boards and rigs. Acquire the art of looking super cool by learning to windsurf!

Gift vouchers are also available for courses and membership.

We hope you'll enjoy learning and developing your skills on the water at our Club.

Contact:

training@grafham.org

01480 810478

Taster Sessions for Adults and Youths

These Saturday morning sessions let you try dinghy sailing with an experienced instructor on board to show you the ropes. During this session, you will have a chance to take control of the boat (if you wish), and you'll learn how to control the boat's speed, as well as how to steer and turn around. Available as a one hour or two hour session.

Why not bring a friend? It's the same price for 2 people to take part!

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TAS-1HR	7 Apr - 27 Oct	9:15 to 10:15 or 10:30 to 11:30	£25
TAS-2HR	7 Apr - 27 Oct	9:30 to 11:30	£50

YOUTH

Youth beginner course - RYA Stage 1 & 2



On this course you'll go from beginner to confident sailor in almost no time!

The course includes basic sailing skills and background knowledge, like launching and landing, steering, naming parts of the boat, knots and collision avoidance. There will be a mixture of practice exercises, fun games and wacky races, and there is a high chance that you will get very wet at some point! By the end of the course you will be able to steer, turn the boat around (tack), control the boat's speed and return to shore safely.

Our Saturday afternoon "Team Grafham" session is the ideal next step.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
YTH-12-4-MAY	29 May-1 Jun	9:30 to 16:00	£195 (4 full days)
YTH-12-5A-JUL	9-13 Jul	9:30 to 16:00	£235 (5 full days)
YTH-12-5B-JUL	23 Jul-27 Jul	9:30 to 16:00	£235 (5 full days)
YTH-12-5-AUG	13-17 Aug	9:30 to 16:00	£235 (5 full days)
YTH-12-4-AUG	28 Aug-31 Aug	9:30 to 16:00	£195 (4 full days)

Youth refresher course



In preparation for the Stage 3/racing course, this is an opportunity for holders of the Stage 2 award (or those who may have just missed out) to gain some extra experience before attempting Stage 3. The instructor will refresh the skills you learnt at Stage 1 & 2 and teach you new things to help you improve your sailing.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
YTH-R-5A-JUL	16-20 Jul	9:30 to 16:00	£235 (5 full days)
YTH-R-5B-JUL	30 Jul-3 Aug	9:30 to 16:00	£235 (5 full days)
YTH-R-5-AUG	20-24 Aug	9:30 to 16:00	£235 (5 full days)

Youth improvers/racing course - RYA Stage 3 and introduction to racing



This course will help you to become a good independent sailor. It includes rigging, launching and recovery, and sailing efficiently in every direction, as well as sailing techniques, capsized recovery and sailing theory. By the end of the course you will be able to launch and sail a dinghy around a triangle course efficiently in moderate conditions.

We will also provide a basic introduction to racing, covering aspects like starting, the course, rules, mark rounding, etc.

You should have the knowledge and skills of a Stage 2 sailor, and preferably some additional, regular practice, before taking this course.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
YTH-3R-5A-JUL	16-20 Jul	9:30 to 16:00	£235 (5 full days)
YTH-3R-5B-JUL	30 Jul-3 Aug	9:30 to 16:00	£235 (5 full days)
YTH-3R-5-AUG	20-24 Aug	9:30 to 16:00	£235 (5 full days)

Youth Summer Camp

Now a regular feature in our summer programme:

- During the day our team, led by Chief Instructor Matt French, will provide opportunities to dinghy sail, windsurf and powerboat. This is a fun week – no RYA certificates, but expeditions, games etc.
- From 17:00 onwards each evening we hand over to parents to supervise their children, with free camping allowed on site. If parents are available to help during the day as well, that would be great!!
- You can pre-order meals for the week – we offer Breakfast, Packed Lunches and Dinner.
- If you're interested, we're taking deposits of £75 per youngster to confirm your place – and there are only 30 places available – so contact the office **now!!**
- All participants must have a parent or person acting *in loco parentis* overnight – minimum age 25.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
CAMP-18	6-9 Aug	9:30 to 17:00	£180 (4 full days)

Half Term Fun

From Monday to Wednesday of the October Half Term, we will be running Half Term Fun. Participants will take part in a range of sailing activities including seamanship, adventures and some race training. The focus will be on having fun in a relaxed environment rather than gaining RYA certificates. Those taking part will need to bring their lunch or can pre-order one from the Café.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
OHT-18	22 – 24 Oct	9:30 to 15:30	£120 (3 days)

Team Grafham

Team Grafham caters for young sailors aged 8 upwards with a range of experience. We include race training and seamanship skills for the more experienced sailors. For those sailors who have just mastered the basics, perhaps on one of our Stage 2 courses, Team Grafham offers a great way to develop skills and confidence, as well as having lots of fun and meeting other young sailors.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TG	7 Apr – 27 Oct	14:30 to 16:30	£ 5 per session

Team Grafham Racing

From this April we will be introducing “Team Grafham Racing” for our young sailors on Sunday afternoons. There will be two races; the first at 2pm. The intention is to build on the Team Grafham experience and take the next steps into organised racing. The racing will be run in conjunction with the Club Sunday afternoon racing sessions, but with a separate start and quite possibly a separate course and in-race coaching. Meet in the Cafeteria from 13:00.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Sunday Afternoons	8 April – 28 Oct	14:00 onwards	FREE

ADULT

Adult Level 1 – Start Sailing



An introduction to sailing in one of our larger (2-3 person) dinghies (2000 or Stratos). You will have an instructor on-board teaching you how to steer, control the boat's speed, turn around and sail in all directions. We will also cover rigging, knots, launching and recovering a dinghy, and basic safety aspects. We recommend that you follow this with the Level 2 course to consolidate your skills and gain confidence.

Adult Level 2 – Basic Skills

This two-day course builds on the foundation skills gained in Level 1. In addition to capsizing recovery, knots and safety aspects, we will refine your sailing skills and introduce you to some additional techniques and manoeuvres. You will develop the skills and confidence to sail proficiently and make your own decisions in light to medium winds. Following on from this course, you will be able to hire the club boats or join our Saturday club coaching session to gain more experience.

Adult Level 3 – Better Sailing

This will enhance your skills and develop your techniques. A two day course designed to boost your confidence giving you the ability to progress to advanced sailing such as Racing and Performance Sailing.

Adult Level 1, 2 and 3 Courses



All of the Adult courses are available on the following dates:

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
AD-C1-2-APR	15 & 22 Apr	9:30 to 16:45	£175 (2 full days)
AD-C2-2-MAY	6 & 13 May	9:30 to 16:45	£175 (2 full days)
AD-C3-2-JUN	3 & 10 Jun	9:30 to 16:45	£175 (2 full days)
AD-C4-2-JUN	24 Jun & 1 Jul	9:30 to 16:45	£175 (2 full days)
AD-C5-2-JUL	15 & 22 Jul	9:30 to 16:45	£175 (2 full days)
AD-C6-2-AUG	5 & 12 Aug	9:30 to 16:45	£175 (2 full days)
AD-C7-2-SEP	9 & 16 Sep	9:30 to 16:45	£175 (2 full days)
AD-C8-2A-SEP	30 Sep & 7 Oct	9:30 to 16:45	£175 (2 full days)

Adult Level 1 and 2 – Start Sailing and Basic Skills



The four-day intensive option follows the same format and content as the two-day Level 1 and 2 courses (see above). Additional dates available by arrangement.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
AD-12-4-MAY	29 May - 1 Jun	9:30 to 16:00	£330 (4 full days)
AD-12-4-JUL	23 Jul – 26 Jul	9:30 to 16:00	£330 (4 full days)
AD-12-4-AUG	28 Aug – 31 Aug	9:30 to 16:00	£330 (4 full days)

#thisgirlcan

#thisgirlcan is a national campaign developed by Sport England and a wide range of partnership organisations. It's a celebration of active women up and down the country who are doing their thing no matter how well they do it, how they look or even how red their face gets. We have two groups.

Beginners

The aim is to progress through RYA national sailing scheme Adult Level 1 & into Level 2. The course will include launching and recovery, steering, parts of the boat, basic sailing skills, rope work and collision avoidance. By the end of the course participants should be able to steer, turn the boat around (tack), control boat speed and understand basic principles.

The course is being run at the same time as our established #thisgirlcan improver sessions (see below), so you will get to know a lively and sociable group of people who are already having fun on the water and hopefully, at the end of the course, you will want to continue with them.

<u>Course Code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
AD-TGCB-6-MAY	15 May – 19 Jun	10:30 to 13:30	£120
	Tuesday mornings (six sessions)		



PATHWAY

#thisgirlcan Improvers

This is a chance for some friendly sailing supported by a coach to help you develop your sailing skills. There will be refreshments afterwards and you can even bring a friend along with you to try out sailing (please enquire at the office).

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Tuesday mornings	3 Apr - 30 Oct	10:30 to 12:30	FREE

Friendly Fridays

We meet in the Cafeteria on the ground floor of the Clubhouse from 18:00 for an evening of social sailing with an optional coached pursuit race. With the race finishing at 19:45 there's time for a debrief on the sailing.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Friday Evenings	4 May - 10 Aug	18:00 onwards	FREE

Sailing Clinic

During this Saturday morning session, the instructor will help you (and up to three friends) to achieve your goals, whether this is to improve your sailing, gain confidence or try something new.

You might want to familiarise yourself with a Club boat, try catamaran sailing, learn how to use a spinnaker, or improve aspects such as your tacking, upwind sailing or leaving/returning to shore.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
CL-2HR	7 Apr - 27 Oct	9:30 to 11:30	£50 (per session)

Club Coaching

These Saturday sessions are designed to help you to improve your sailing skills in a relaxed, supervised environment and prepare you for "Sociable Saturday" racing. As a group, we will decide on an activity that suits the conditions. You might improve your tacking one week, and learn techniques for going faster or practice a variety of controlled manoeuvres the next. We may also look at racing skills, such as starting, tactics, rules, etc.

Minimum sailing experience: Adult Level 2 or Youth Stage 2.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday Afternoons	7 Apr - 27 Oct	11:45 to 13:45	FREE

Sociable Saturdays

We meet at 14:30 in the Cafeteria and there will be one or two handicap races on a triangle course, with the first race starting at 15:00. The races follow on from the Club Coaching sessions, and is intended to be suitable for intermediate standard sailors and above. Seasoned Sunday racers are welcome to join in, and perhaps provide coaching tips for others, or give their crews a chance to helm!

Afterwards, there will be an opportunity to meet, de-brief and have some tea and cakes in the Cafeteria.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday afternoons	7 Apr - 27 Oct	14:30 to 17:00	FREE

Let's Go Windsurfing

These sessions are for Adults and Youths to develop windsurfing experience in light and moderate winds. You will focus on the essential basics, beach starts, non-planing gybes, harnesses and you will learn some freestyle moves. This is a series of anytime drop-in clinics. We have Club boards which you may hire with a wide range of sails, or you may bring your own board. There is also a land windsurf simulator.

Please pre-book your place with the office even if you don't require a board as numbers are limited.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
LGW	26 May, 9 Jun, 30 Jun, 14 Jul, 28 Jul, 18 Aug, 25 Aug, 1 Sep and 15 Sep.	12:00 to 14:30	FREE

POWERBOAT

RYA Powerboat Level 1

An introduction to powerboat handling, covering the basics including preparation of boat and crew, launch and recovery, boat handling, picking up and securing to a mooring buoy, leaving and coming alongside and being towed.



This is offered free of charge for Safety Boat volunteers: please ask in the Office.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
PB1-MAY	Sat 13 May	9:30 to 16:45	FREE
PB1-JUN	Sat 30 Jun	9:30 to 16:45	FREE
PB1-JUL	Tues 3 Jul	9:30 to 16:45	FREE
PB1-SEP	Sat 15 Sep	9:30 to 16:45	FREE

RYA Powerboat Level 2



This entry-level two day course provides all the basic skills and background knowledge needed to drive a small powerboat competently. No prior experience required.

On the water, we will introduce you to low-speed manoeuvres, such as coming alongside a jetty, anchoring, and man overboard, as well as driving the boat at planing speed. We also cover various theoretical and safety aspects.

Please note that this course is conducted in planing craft on inland waters.

We can also offer a one-day direct assessment for experienced power-boaters who would like to be certified as competent drivers – dates for this by arrangement.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
PB2-APR	7 & 8 Apr	9:30 to 16:45	£150
PB2-MAY	5 & 6 May	9:30 to 16:45	£150
PB2-JUN	16 & 17 Jun	9:30 to 16:45	£150
PB2-JUL	14 & 15 Jul	9:30 to 16:45	£150
PB2-AUG	18 & 19 Aug	9:30 to 16:45	£150
PB2-SEP	1 & 2 Sep	9:30 to 16:45	£150
PB2-OCT	13 & 14 Oct	9:30 to 16:45	£150
PB2-DEC	1 & 2 Dec	9:30 to 16:45	£150

Rebates are available for Safety Boat volunteers. Please enquire at the Office for details.

RYA Safety Boat



This course covers the skills and techniques required to provide rescue cover at the club or when assisting with racing events. We will practice rescuing dinghies, catamarans and windsurfers, as well as introducing basic elements of race management and mark-laying.

It is ideal for competent power-boaters who are keen to become more involved with safety duties and open meeting events at the club.

Please note that RYA Powerboat Level 2 and a basic understanding of sailing boats and windsurf boards must be held prior to this course.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
SB-JUL	7 & 8 Jul	9:30 to 16:45	£150
SB-OCT	27 & 28 Oct	9:30 to 16:45	£150

Rebates are available for Safety Boat volunteers. Please enquire at the Office for details.

OTHER

Dinghy Instructor Course 2 – 6 April



The dinghy instructor course takes experienced sailors through the basic skills, knowledge and teaching techniques required to instruct, coach and develop sailors of all levels of ability.

There will be a maximum of six students and the course costs £295 and includes all relevant handbooks and logbooks from the RYA National and Youth Sailing Schemes.

A pre-entry assessment is required to confirm that you have the sailing ability and background knowledge required to become an instructor. You will be asked to sail a triangular course efficiently and must also successfully complete a variety of sailing manoeuvres. This is one of a number of qualifying criteria that should be met before your dinghy instructor course starts.

The assessment takes place on 17 March and costs £45.

Safety and Committee Boat Refresher Days

A one day refresher to update your skills in Rescue and Committee Boat driving including GPS and VHF basics. There will also be an emergency drill on the water. It is open to Safety Boat Volunteers and Race Officers. Please book your place with the Office.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday	5 May, 15 Sep	09:30 – 16:30	FREE

Mark Laying Course

A one day introduction to Mark Laying for Racing. The day includes the basics of Race Management and time on the water laying marks. It is a great prelude to the RYA Regional Mark Laying Course.

It is open to our Safety Boat volunteers with PB2 or above. Please book your place with the Office.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday	13 Oct	09:30 – 16:30	FREE

VHF Radio Course



We intend to run the RYA Marine Radio (SRC) course on selected dates during the year.

Please contact the Office for further details.

RYA First Aid



A one-day session which covers all of the usual first aid subjects, but from a boating perspective and also meets the requirements of RYA qualifications such as Dinghy Instructor.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
FA-Apr	21 April	9:30 to 16:00	£30
FA-Oct	27 Oct	9:30 to 16:00	£30

Non-members are also welcome on this course at a cost of £60 and it's free for regular Safety Boat Volunteers.

Club Boats available for hire

The club has a fleet of boats that are available for hire by competent Club members. The prices for hiring the boats are:

	Times	Pico/Topper/ RS Tera/Laser Radial/ Laser Standard	2000/Dart 16/ Laser Stratos
Sat/Sun mornings	09:30 – 13:00	£15	£25
Sat/Sun afternoons	13:30 – 17:00	£15	£25
Mon - Fri mornings	10:30 - 13:00	£15	£25
Mon - Fri afternoons	13:30 - 17:00	£15	£25
Wed/Fri evening	17:30 – close	£10	£20

Advance bookings can be made for a maximum of two sessions bookable for any future date. If you've already booked two sessions, further additional sessions can be booked a maximum of one week in advance.

Special rates apply for Team Grafham, Club Coaching, Sociable Saturdays and #thisgirlcan.

Membership Rates – for an initial three month period

The training courses described in this booklet are for Club members (except where otherwise stated). Those wishing to book a course who are not already members may take out three month membership.

Membership rates are:

	Three months	Full Year
Adult (25+)	£ 60	£ 240
Youth (under 25)	£ 15 (plus £15 non Sailing Adult for under 17)	£ 60
Senior (65+)	£ 45	£ 180

The initial three month membership period starts on the first day of your training course.