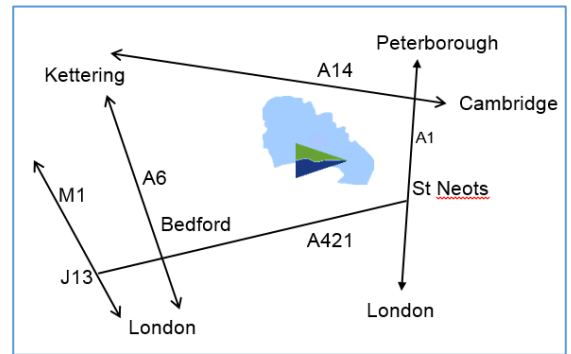


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About the Club

Where we are – centrally located

The club is located in central England, about three miles from the A1/A14 junction, between Bedford, Northampton, Cambridge and Peterborough, some 60 miles north of London.



The lake – one of the biggest in the UK

Grafham Water is an Anglian Water reservoir of 1,600 acres: three miles long and maximum 1.5 miles wide.

The club – well-established, big enough for everyone

The club was founded in 1966. We have around 1,300 members with over 700 boats. We are a members' club and everyone onsite needs to be either a member or a guest of a member. We have the benefit of professional office and safety staff.

What we sail – almost anything

Our members sail dinghies, catamarans, foilers, sailboards, day keelboats and small sailing cruisers. We offer a complete sailing pathway from novice to elite racer with a full and varied programme of activity.

When we are open

The club is open seven days a week throughout the year, (except at Christmas/New Year). The water opens for sailing at 1030 on weekdays and 0930 at weekends. Closing times vary during the year, depending on the time of sunset, and are shown on our website.

Learning to Sail

Through our RYA recognised training school the club offers a range of formal and informal training for Youth and Adult members. Most activities run from April to October.

We offer initial taster sessions to give an introduction to sailing.

For Youths (8-15 years) we run week-long formal courses during the school holidays.

Courses for Adults are scheduled to suit our customers and usually last for two or five days.

All these courses use our fleet of club boats.

Youth Sailing

We run a number of initiatives specifically for our younger members, in addition to the formal training mentioned above.

“Team Grafham” on Saturday afternoons, is our session for Youths who want to improve their sailing or just come along to have fun.

“Grafham Teens” runs at the same time and is focussed on those who are a bit older (13 to 18), giving them opportunity to develop their sailing skills more independently.

“Team Grafham Racing” takes place monthly on Sunday afternoons alongside Club Racing and is designed to be the next step into organised racing for our younger members.

Leisure sailing

You can sail whenever the water is open.

Pathway

On Tuesday and Saturday mornings we run informal sessions for those who want to develop their sailing and racing skills. We provide coaching support on the water and a friendly discussion afterwards.

Club Racing

Organised racing takes place every Sunday throughout the year and on Wednesday evenings in the summer. Less formal racing is included in our Friendly Friday and Sociable Saturday sessions. We also have a number of special events during the year.

Open Meetings

Grafham Water is a premier sailing venue and over the year we host several major Open Meetings. We frequently host class Inland Championships and the largest events attract up to 300 boats. There is ample room on the lake for three full-size race tracks. For members, this provides the opportunity to race in big fleets without having to travel or, for those who are so interested, to develop top level race management skills.

Windsurfing

We cater for windsurfers from beginners to expert. The Club offers ‘Let’s go windsurfing’ introductory sessions as well as formal RYA courses. For more experienced windsurfers, the lake provides a great strong-wind venue, without the need to travel to the coast. Kite-surfing is currently not permitted on the lake.

Club boats – sail even if you don’t have your own boat

The club has a fleet of boats for use by members. The fleet includes Laser Standard, Laser Radial, Picos, Toppers, RS Teras, Laser Stratos, 2000s, Dart 16s and Funboats.

Onshore

We have a large three-storey clubhouse with a cafe on the ground floor serving food and hot drinks during main activity times, and a bar and lounge on the top floor with spectacular views across the lake. This is also available for hire.

For those in the family who don't want to sail, there is a nature reserve at the west end of the lake, and the club provides a great base for cycling. There is a nine-mile cycle track and footpath around the lake, which passes along the edge of the club grounds.

Our grounds – plenty of space

We have extensive club grounds with plenty of space for car parking, boat berths, and onshore activities.

Safety support

Our professional and qualified coxswains provide on-water cover seven days a week. The coxswains are supported by volunteer safety boat crews who also assist with race management activities, including mark-laying, using our fleet of seven RIBs and four committee boats. Powerboat and First Aid training is available for members who want to become safety boat crews.

Volunteering – helping each other

The majority of club activities are run by members and joining the club means that you are willing to get involved in supporting club activities. You can choose from a number of tasks which includes assisting with running races, helping on a safety boat, greeting Open Meeting visitors and helping to improve the club facilities via working parties.

What does it cost?

There are two parts to fees – membership and boat dues. If you don't have a boat, there are no boat dues! There is no joining fee.

Adult membership costs £250 per year. Family membership is £340 per year. A non-sailing partner is free. Boat dues are £165 per year for dinghies and catamarans. There are special rates for juniors, seniors and youths and for other types of boat: please enquire at the office (office@grafham.org) for full details or see our website.

For more information about the Club visit
our website at

www.grafham.org

APRIL 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Mon	01-Apr				
Tue	02-Apr	Tuesday Group 1030 to 1230			Working party 1030
Wed	03-Apr				Fitting Out Supper and Quiz
Thu	04-Apr				
Fri	05-Apr				
Sat	06-Apr	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	E&LSE Optimist Training	
			Adult Club Coaching 0930 to 1230		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Catamaran Taster Session 1030 to 1230		
			Team 15 Windsurfing 1230 to 1430		
			Team Grafham 1330 to 1630 Grafham Teens 1330 to 1630		
Sun	07-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400			
Mon	08-Apr				
Tue	09-Apr	Tuesday Group 1030 to 1230			
Wed	10-Apr	Wednesday Evening Series 1830			
Thu	11-Apr				
Fri	12-Apr				
Sat	13-Apr	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	International Moth and Waszp Open	
			Adult Club Coaching 0930 to 1230		
			Adult Course 1 0930 to 1645		
			RYA Powerboat Level 2 0930 to 1645		
			Team Grafham 1330 to 1630 Grafham Teens 1330 to 1630		
			RYA First Aid 0930 to 1600		
Sun	14-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400	Adult Course 1 0930 to 1645 RYA Powerboat Level 2 0930 to 1645		
Mon	15-Apr				
Tue	16-Apr	Tuesday Group 1030 to 1230			Working party 1030
Wed	17-Apr	Wednesday Evening Series 1830			
Thu	18-Apr				
Fri	19-Apr				
Sat	20-Apr	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	Youth Regatta	
			Adult Club Coaching 0930 to 1230		
Sun	21-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400			
Mon	22-Apr				
Tue	23-Apr	Tuesday Group 1030 to 1230			
Wed	24-Apr	Wednesday Evening Series 1830			
Thu	25-Apr				
Fri	26-Apr				
Sat	27-Apr	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	Topper Inlands	
			Adult Club Coaching 0930 to 1230		
			Let's Go Windsurfing/Taster Session 0930 to 1130	Camps Youth League at Cam SC	
			Let's Go Windsurfing Intermediate 1230 to 1430		
Sun	28-Apr	Sunday Spring Series am 1100 Sunday Spring Series pm 1400		Topper Inlands	
Mon	29-Apr				
Tue	30-Apr	Tuesday Group 1030 to 1230			

MAY 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other	
Wed	01-May	Wednesday Evening Series 1900				
Thu	02-May					
Fri	03-May	Friendly Friday from 1800				
Sat	04-May	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300	UKNCCA Selectors (Cadets)		
			Sailing Clinic 0930 to 1300			
			Adult Club Coaching 0930 to 1230			
			Team Grafham 1330 to 1630			
Sun	05-May	Sunday Summer Series am 1100				
		Sunday Summer Series pm 1400				
Mon	06-May					
Tue	07-May	Tuesday Group 1030 to 1230			"Push The Boat Out" Club Open Day	
Wed	08-May	Wednesday Evening Series 1900			Working party 1030	
Thu	09-May					
Fri	10-May	Friendly Friday from 1800				
Sat	11-May	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300	Optimist Training		
			Sailing Clinic 0930 to 1300			
			Adult Club Coaching 0930 to 1230			
			Let's Go Windsurfing/Taster Session 0930 to 1130			
			Adult Course 2 0930 to 1645			
			RYA Powerboat Level 2 0930 to 1645			
			Keelboat Taster 1030 to 1230			
			Team 15 Windsurfing 1230 to 1430			
Sun	12-May	Sunday Summer Series am 1100	Adult Course 2 0930 to 1645			
		Sunday Summer Series pm 1400	Introduction to GWSC RIB Crew 0930 to 1645			
			RYA Powerboat Level 2 0930 to 1645			
Mon	13-May					
Tue	14-May	Tuesday Group 1030 to 1230				
Wed	15-May	Wednesday Evening Series 1900				
Thu	16-May					
Fri	17-May	Friendly Friday from 1800				
Sat	18-May	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300	Optimist Inlands		
			Sailing Clinic 0930 to 1300			
			Adult Club Coaching 0930 to 1230			
			Let's Go Windsurfing/Taster Session 0930 to 1130			
			Let's Go Windsurfing Intermediate 1230 to 1430			
Sun	19-May	Sunday Summer Series am 1100	Team Grafham 1330 to 1630			
		Sunday Summer Series pm 1400	Grafham Teens 1330 to 1630			
Mon	20-May					
Tue	21-May	Tuesday Group 1030 to 1230			Working party 1030	
Wed	22-May	Wednesday Evening Series 1900				
Thu	23-May					
Fri	24-May	Friendly Friday from 1800				
Sat	25-May	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300		New Members Meet 1300	
			Sailing Clinic 0930 to 1300			
			Adult Club Coaching 0930 to 1230		Adult RYA Start Windsurfing 0930 to 1600	Volunteer Training 1430
			Club Mark Laying Course 0930 to 1630			
			Team Grafham 1330 to 1630			
			Grafham Teens 1330 to 1630			
Sun	26-May	Sunday Summer Series am 1100	Adult RYA Start Windsurfing 0930 - 1600			
		Sunday Summer Series pm 1400	Team Grafham Racing 1300	PB2+ 0930 to 1645		
Mon	27-May		Youth RYA Stage 1&2			
Tue	28-May	Tuesday Group 1030 to 1230	Adult Level 1&2 plus			
			Youth RYA Stage 1&2			
			Adult Level 1&2 plus			
Wed	29-May	Wednesday Evening Series 1900	Youth RYA Beginner Windsurfing Stage 1 0930 - 1600			
			Youth RYA Stage 1&2			
			May Half Term Fun			
Thu	30-May		Adult Level 1&2 plus			
			Youth RYA Beginner Windsurfing Stage 1 0930 - 1600			
			Youth RYA Stage 1&2			
			May Half Term Fun			
Fri	31-May	Friendly Friday from 1800	Adult Level 1&2 plus			
			Youth RYA Stage 1&2			
			May Half Term Fun			
			Youth RYA Windsurfing Stage 2 0930 - 1600			

JUNE 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sat	01-Jun	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300 Adult Club Coaching 0930 to 1230	Cambs Youth League at GWSC	
Sun	02-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400			
Mon	03-Jun				
Tue	04-Jun	Tuesday Group 1030 to 1230			Working party 1030
Wed	05-Jun	Wednesday Evening Series 1900			
Thu	06-Jun				
Fri	07-Jun	Friendly Friday from 1800			
Sat	08-Jun	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300 Adult Club Coaching 0930 to 1230	Flying Fifteen Open	
			Adult Course 3 0930 to 1645		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			RYA Powerboat Level 2 0930 to 1645		
			Catamaran Taster Session 1030 to 1230		
			Team 15 Windsurfing 1230 to 1430		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	09-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400	Adult Course 3 0930 to 1645 RYA Powerboat Level 2 0930 to 1645		
Mon	10-Jun				
Tue	11-Jun	Tuesday Group 1030 to 1230			
Wed	12-Jun	Wednesday Evening Series 1900			
Thu	13-Jun				
Fri	14-Jun	Friendly Friday from 1800			
Sat	15-Jun	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300 Adult Club Coaching 0930 to 1230		
			Adult Course 4 0930 to 1645		
			RYA Safety Boat 0930 to 1645		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	16-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400	Adult Course 4 0930 to 1645 RYA Safety Boat 0930 to 1645		
Mon	17-Jun				
Tue	18-Jun	Tuesday Group 1030 to 1230			Working party 1030
Wed	19-Jun	Wednesday Evening Series 1900			
Thu	20-Jun				
Fri	21-Jun	Friendly Friday from 1800			
Sat	22-Jun	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300 Adult Club Coaching 0930 to 1230	Asymmetric Open	
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Let's Go Windsurfing Intermediate 1230 to 1430		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	23-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400			
Mon	24-Jun				
Tue	25-Jun	Tuesday Group 1030 to 1230			
Wed	26-Jun	Wednesday Evening Series 1900			
Thu	27-Jun				
Fri	28-Jun	Friendly Friday from 1800			
Sat	29-Jun	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300 Adult Club Coaching 0930 to 1230		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
			Introduction to GWSC RIB Crew 0930 to 1645		
Sun	30-Jun	Sunday Summer Series am 1100 Sunday Summer Series pm 1400			
		Team Grafham Racing 1300			

JULY 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Mon	01-Jul				
Tue	02-Jul	Tuesday Group 1030 to 1230			Working party 1030
Wed	03-Jul	Wednesday Evening Series 1900			
Thu	04-Jul				
Fri	05-Jul	Friendly Friday from 1800			
Sat	06-Jul	Sociable Saturday from 1400	Adult Club Coaching 0930 to 1230		Try Sailing Taster Day
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	07-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400			
Mon	08-Jul		Youth RYA Stage 1&2		
Tue	09-Jul	Tuesday Group 1030 to 1230			
Wed	10-Jul	Wednesday Evening Series 1900			
Thu	11-Jul				
Fri	12-Jul	Friendly Friday from 1800			
Sat	13-Jul	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	Cambs Youth League at Ely SC	New Members Meet 1300
			Adult Club Coaching 0930 to 1230		
			RYA Powerboat Level 2 0930 to 1645		Volunteer Training 1430
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Adult Course 5 0930 to 1645		
Sun	14-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400	Team 15 Windsurfing 1230 to 1430		
Mon	15-Jul		RYA Powerboat Level 2 0930 to 1645		
Tue	16-Jul	Tuesday Group 1030 to 1230	Youth Advanced Course		Working party 1030
Wed	17-Jul	Wednesday Evening Series 1900			
Thu	18-Jul				
Fri	19-Jul	Friendly Friday from 1800			
Sat	20-Jul	Sociable Saturday from 1400		Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	
Sat	20-Jul	Sociable Saturday from 1400	Adult Club Coaching 0930 to 1230		
			Adult Course 5 0930 to 1645		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	21-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400	Introduction to GWSC RIB Crew 0930 to 1645		
Mon	22-Jul		Youth RYA Stage 1&2		
Tue	23-Jul	Tuesday Group 1030 to 1230	Adult Level 1&2 plus		
			Youth RYA Stage 1&2		
Wed	24-Jul	Wednesday Evening Series 1900	Adult Level 1&2 plus		
			Youth RYA Stage 1&2		
Thu	25-Jul		Youth RYA Stage 1&2		
Fri	26-Jul	Friendly Friday from 1800	Adult Level 1&2 plus		
			Youth RYA Stage 1&2		
Sat	27-Jul	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300		AGM 1700 followed by Members Forum
			Adult Club Coaching 0930 to 1230		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Club Mark Laying Course 0930 to 1630		
			Let's Go Windsurfing Intermediate 1230 to 1430		
			Team Grafham 1330 to 1630		
Sun	28-Jul	Sunday Summer Series am 1100 Sunday Summer Series pm 1400	PB2+ 0930 to 1645		
Mon	29-Jul		Team Grafham Racing 1300		
Tue	30-Jul	Tuesday Group 1030 to 1230	Youth Advanced Course		
Wed	31-Jul	Wednesday Evening Series 1900			

AUGUST 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Thu	01-Aug		Youth Advanced Course		
Fri	02-Aug	Friendly Friday from 1800			
Sat	03-Aug	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300		
			Sailing Clinic 0930 to 1300		
			Adult Club Coaching 0930 to 1230		
			Adult Course 6 0930 to 1645		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	04-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400			
Mon	05-Aug		Youth Summer Camp		
Tue	06-Aug	Tuesday Group 1030 to 1230			Working party 1030
Wed	07-Aug	Wednesday Evening Series 1900			
Thu	08-Aug				
Fri	09-Aug	Friendly Friday from 1800			
Sat	10-Aug	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300		
			Sailing Clinic 0930 to 1300		
			Adult Club Coaching 0930 to 1230		
			Adult Course 6 0930 to 1645		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Keelboat Taster 1030 to 1230		
			Team 15 Windsurfing 1230 to 1430		
Team Grafham 1330 to 1630					
			Grafham Teens 1330 to 1630		
Sun	11-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400			
Mon	12-Aug		Youth RYA Stage 1&2		
Tue	13-Aug	Tuesday Group 1030 to 1230			
Wed	14-Aug	Wednesday Evening Series 1830			
Thu	15-Aug				
Fri	16-Aug				
Sat	17-Aug	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300	Seavets	
			Sailing Clinic 0930 to 1300		
			Adult Club Coaching 0930 to 1230		
			RYA Powerboat Level 2 0930 to 1645		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	18-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	RYA Powerboat Level 2 0930 to 1645		
Mon	19-Aug		Youth Advanced Course		
Tue	20-Aug	Tuesday Group 1030 to 1230			Working party 1030
Wed	21-Aug	Wednesday Evening Series 1830			
Thu	22-Aug				
Fri	23-Aug				
Sat	24-Aug	Sociable Saturday from 1400 and Bank Holiday Regatta	Dinghy Taster Session 0930 to 1300		
			Sailing Clinic 0930 to 1300		
			Adult Club Coaching 0930 to 1230		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Let's Go Windsurfing Intermediate 1230 to 1430		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	25-Aug	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400 and Bank Holiday Regatta Team Grafham Racing 1300			
Mon	26-Aug		Youth RYA Stage 1&2	Long Distance Race and Bank Holiday Regatta	Summer BBQ
			Adult Level 1&2 plus		
Tue	27-Aug	Tuesday Group 1030 to 1230	Youth RYA Stage 1&2		
			Adult Level 1&2 plus		
Wed	28-Aug	Wednesday Evening Series 1830	Youth RYA Stage 1&2		
			Adult Level 1&2 plus		
Thu	29-Aug		Youth RYA Stage 1&2		
			Adult Level 1&2 plus		
Fri	30-Aug		Youth RYA Stage 1&2		
			Adult Level 1&2 plus		
Sat	31-Aug	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300		New Members Meet 1300
			Sailing Clinic 0930 to 1300		
			Adult Club Coaching 0930 to 1230		
			Club Mark Laying Course 0930 to 1630		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		Volunteer Training 1430

SEPTEMBER 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sun	01-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	PB2+ 0930 to 1645		
Mon	02-Sep				
Tue	03-Sep	Tuesday Group 1030 to 1230			Working party 1030
Wed	04-Sep	Wednesday Pursuit Race			
Thu	05-Sep				
Fri	06-Sep				
Sat	07-Sep	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	UKWA National Windsurfing Championships	
			Adult Club Coaching 0930 to 1230		
			Adult Course 7 0930 to 1645	Cambs Youth League at Hunts SC	
Sun	08-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	Adult Course 7 0930 to 1645	UKWA National Windsurfing Championships	
Mon	09-Sep				
Tue	10-Sep	Tuesday Group 1030 to 1230			
Wed	11-Sep				
Thu	12-Sep				
Fri	13-Sep				
Sat	14-Sep	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	D Zero Open RS600 Inlands	
			Adult Club Coaching 0930 to 1230		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Catamaran Taster Session 1030 to 1230		
			Team 15 Windsurfing 1230 to 1430		
			Team Grafham 1330 to 1630		
Grafham Teens 1330 to 1630					
Sun	15-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	Introduction to GWSC RIB Crew 0930 to 1645		
Mon	16-Sep				
Tue	17-Sep	Tuesday Group 1030 to 1230			Working party 1030
Wed	18-Sep				
Thu	19-Sep				
Fri	20-Sep				
Sat	21-Sep	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300	Merlin Rocket Inlands	
			Adult Club Coaching 0930 to 1230		
			RYA Powerboat Level 2 0930 to 1645		
			Adult RYA Intermediate Windsurfing 0930 - 1600		
			Team Grafham 1330 to 1630		
Grafham Teens 1330 to 1630					
Sun	22-Sep	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	RYA Powerboat Level 2 0930 to 1645 Adult RYA Intermediate Windsurfing 0930 - 1600		
Mon	23-Sep				
Tue	24-Sep	Tuesday Group 1030 to 1230			
Wed	25-Sep				
Thu	26-Sep				
Fri	27-Sep				
Sat	28-Sep	Sociable Saturday from 1400	Dinghy Taster Session 0930 to 1300 Sailing Clinic 0930 to 1300		
			Adult Club Coaching 0930 to 1230		
			Adult Course 8 0930 to 1645		
			Let's Go Windsurfing/Taster Session 0930 to 1130		
			Let's Go Windsurfing Intermediate 1230 to 1430		
			Team Grafham 1330 to 1630		
Grafham Teens 1330 to 1630					
Sun	29-Sep	Duke of Edinburgh Club Championships Team Grafham Racing with D of E	Adult Course 8 0930 to 1645		
Mon	30-Sep				

OCTOBER 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Tue	01-Oct	Tuesday Group 1030 to 1230			Working party 1030
Wed	02-Oct				
Thu	03-Oct				
Fri	04-Oct				
Sat	05-Oct	Sociable Saturday from 14:00	Sailing Clinic 0930 to 1300	RS200/RS400/RS800 Inlands	
			Adult Club Coaching 0930 to 1230		
			RYA Safety Boat 0930 to 1645		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	06-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	RYA Safety Boat 0930 to 1645		
Mon	07-Oct				
Tue	08-Oct	Tuesday Group 1030 to 1230			
Wed	09-Oct				
Thu	10-Oct				
Fri	11-Oct				
Sat	12-Oct	Sociable Saturday from 14:00	Sailing Clinic 0930 to 1300	Solo End of Seasons Cambs Youth League at Paxton SC	
			Adult Club Coaching 0930 to 1230		
			RYA Powerboat Level 2 0930 to 1645		
			Let's Go Windsurfing Intermediate 1230 to 1430		
Sun	13-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400	RYA Powerboat Level 2 0930 to 1645		
Mon	14-Oct				
Tue	15-Oct	Tuesday Group 1030 to 1230			Working party 1030
Wed	16-Oct				
Thu	17-Oct				
Fri	18-Oct				
Sat	19-Oct	Sociable Saturday from 14:00	Sailing Clinic 0930 to 1300	Catamaran Open	
			Adult Club Coaching 0930 to 1230		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	20-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400			
Mon	21-Oct				
Tue	22-Oct	Tuesday Group 1030 to 1230	Half Term Fun		
Wed	23-Oct				
Thu	24-Oct				
Fri	25-Oct				
Sat	26-Oct	Sociable Saturday from 14:00	Sailing Clinic 0930 to 1300	Ovington Inlands	
			Adult Club Coaching 0930 to 1230		
			RYA First Aid 0930 to 1600		
			Let's Go Windsurfing Intermediate 1230 to 1430		
			Team Grafham 1330 to 1630		
Sun	27-Oct	Sunday Autumn Series am 1100 Sunday Autumn Series pm 1400			
		Team Grafham Racing 1300			
Mon	28-Oct				
Tue	29-Oct	Tuesday Group 1030 to 1230			
Wed	30-Oct				
Thu	31-Oct				

NOVEMBER 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Fri	01-Nov				
Sat	02-Nov				
Sun	03-Nov	Sunday Winter Series 1100		Laser Inlands	
Mon	04-Nov				
Tue	05-Nov				Working party 1030
Wed	06-Nov				
Thu	07-Nov				
Fri	08-Nov				
Sat	09-Nov			420 Training	New Members Meet 1300
Sun	10-Nov	Sunday Winter Series 1100			Volunteer Training 1430
Mon	11-Nov				
Tue	12-Nov				
Wed	13-Nov				
Thu	14-Nov				
Fri	15-Nov				
Sat	16-Nov				
Sun	17-Nov	Sunday Winter Series 1100		420 End of Seasons	
Mon	18-Nov				
Tue	19-Nov				Working party 1030
Wed	20-Nov				
Thu	21-Nov				
Fri	22-Nov				
Sat	23-Nov		Adult Club Coaching 0930 to 1230		Saturday Working party 1030
			RYA Powerboat Level 2 0930 to 1645		
			Team Grafham 1330		Members Forum 1500
			Grafham Teens 1330		
Sun	24-Nov	Sunday Winter Series 1100	RYA Powerboat Level 2 0930 to 1645		
Mon	25-Nov				
Tue	26-Nov				
Wed	27-Nov				
Thu	28-Nov				
Fri	29-Nov				
Sat	30-Nov				

DECEMBER 2019		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other	
Sun	01-Dec	Sunday Winter Series 1100				
Mon	02-Dec					
Tue	03-Dec				Working party 1030	
Wed	04-Dec					
Thu	05-Dec					
Fri	06-Dec					
Sat	07-Dec		Adult Club Coaching 0930 to 1230		Saturday Working party 1030	
			Team Grafham 1330		New Members Meet 1300	
			Grafham Teens 1330		Volunteer Training 1430	
Sun	08-Dec	Sunday Winter Series 1100				
Mon	09-Dec					
Tue	10-Dec					
Wed	11-Dec					
Thu	12-Dec					
Fri	13-Dec					
Sat	14-Dec					
Sun	15-Dec	Christmas Pursuit Race 1100			Christmas Lunch	
		inc Team Grafham Racing				
Mon	16-Dec					
Tue	17-Dec				Working party 1030	
Wed	18-Dec					
Thu	19-Dec					
Fri	20-Dec					
Sat	21-Dec					
Sun	22-Dec	Sunday Winter Series 1100				
Mon	23-Dec					
Tue	24-Dec					
Wed	25-Dec	Club Closed				
Thu	26-Dec	Club Closed				
Fri	27-Dec					
Sat	28-Dec					
Sun	29-Dec			39th Grafham Grand Prix		
Mon	30-Dec					
Tue	31-Dec					

JANUARY 2020		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Wed	01-Jan	Club Closed			
Thu	02-Jan				
Fri	03-Jan				
Sat	04-Jan				
Sun	05-Jan	Sunday Winter Series 1100			
Mon	06-Jan				
Tue	07-Jan				Working party 1030
Wed	08-Jan				
Thu	09-Jan				
Fri	10-Jan				
Sat	11-Jan				
Sun	12-Jan	Sunday Winter Series 1100			
Mon	13-Jan				
Tue	14-Jan				Working party 1030
Wed	15-Jan				
Thu	16-Jan				
Fri	17-Jan				
Sat	18-Jan			29er Training	
Sun	19-Jan	Sunday Winter Series 1100			
Mon	20-Jan				
Tue	21-Jan				
Wed	22-Jan				
Thu	23-Jan				
Fri	24-Jan				
Sat	25-Jan			29er Winter Championships	Saturday Working party 1030
Sun	26-Jan	Sunday Winter Series 1100			
Mon	27-Jan				
Tue	28-Jan				
Wed	29-Jan				
Thu	30-Jan				
Fri	31-Jan				

FEBRUARY 2020		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sat	01-Feb			BUSA Qualifiers	
Sun	02-Feb	Sunday am Spring Series 1100			
Mon	03-Feb				
Tue	04-Feb				Working party 1030
Wed	05-Feb				
Thu	06-Feb				
Fri	07-Feb				
Sat	08-Feb				
Sun	09-Feb	Sunday am Spring Series 1100			
Mon	10-Feb				
Tue	11-Feb				
Wed	12-Feb				
Thu	13-Feb				
Fri	14-Feb				
Sat	15-Feb				
Sun	16-Feb	Sunday am Spring Series 1100			
Mon	17-Feb				
Tue	18-Feb				Working party 1030
Wed	19-Feb				
Thu	20-Feb				
Fri	21-Feb				
Sat	22-Feb				
Sun	23-Feb	Sunday am Spring Series 1100			
Mon	24-Feb				
Tue	25-Feb				
Wed	26-Feb				
Thu	27-Feb				
Fri	28-Feb				
Sat	29-Feb				

MARCH 2020		Club Sailing	Training	Open Meetings & Visitor Training	Social and Other
Sun	01-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			RYA Dinghy Show
Mon	02-Mar				
Tue	03-Mar				Working party 1030
Wed	04-Mar				
Thu	05-Mar				
Fri	06-Mar				
Sat	07-Mar				
Sun	08-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	09-Mar				
Tue	10-Mar				
Wed	11-Mar				
Thu	12-Mar				
Fri	13-Mar				
Sat	14-Mar				
Sun	15-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	16-Mar				
Tue	17-Mar				Working party 1030
Wed	18-Mar				
Thu	19-Mar				
Fri	20-Mar				
Sat	21-Mar		Adult Club Coaching 0930 to 1230		New Members Meet 1300
			Team Grafham 1330 to 1630		Volunteer Training 1430
			Grafham Teens 1330 to 1630		Members Forum 1500
Sun	22-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	23-Mar				
Tue	24-Mar				
Wed	25-Mar				
Thu	26-Mar				
Fri	27-Mar				
Sat	28-Mar		Adult Club Coaching 0930 to 1230		
			Team Grafham 1330 to 1630		
			Grafham Teens 1330 to 1630		
Sun	29-Mar	Sunday am Spring Series 1100 Sunday pm Spring Series 1400			
Mon	30-Mar				
Tue	31-Mar				

Club Safety Flags

Flag	Meaning	Commentary
	Closed/Closing No launching allowed	For boats afloat: With a single long sound from shore, the lake is closing in 30 minutes and you must be onshore within this period With repeated sounds, come ashore immediately
	Open with PROACTIVE safety cover	Water is being watched
	Open with REACTIVE safety cover	Water is not necessarily being watched You are advised to borrow a VHF handheld from the Coxswain
	Open with restrictions	See the monitor in the Cafe about the restrictions
	Open: experienced sailors only (wind at 13–28 knots)	Experienced means that, in the prevailing conditions, you can right your boat unaided and return to the club's shore
	Open: experienced wind-surfers only (wind at 28–35 knots)	Experienced means that, in the prevailing conditions, you can water-start your rig and return to the club's shore Water closed to dinghies, catamarans, and keelboats
	Open: wet or dry suit must be worn by sailors (except for those on cruisers)	1st November to 31st March, and when the water temperature is less than 5° C
	Open: blue–green algae present	Wear suitable protection and wash after sailing

Notes:

Flags are displayed alone or with other flag(s) on the pole next to the fuel shed.

A single short sound signal from shore means the flag has been changed.

You also need to look at the map (inside back cover) that shows the fixed buoys and the no-sailing areas.

For your safety, you are advised to stay within sight of the Coxswain's lookout and wear a brightly coloured or fluorescent hat.

PROACTIVE safety cover

Staff or a volunteer(s) will be watching the water from the shore or from a rib for anyone needing assistance.

At times (eg, tractor in use, another emergency), the level of observation will be lower.

REACTIVE safety cover

There is not necessarily anyone watching the water but someone is on site to assist if called.

You are advised to borrow a VHF handheld from the Coxswain to radio for help.

Training Programme 2019

The Club is an RYA recognised Training Centre and the following pages give details of our training courses and activities for Youths (8-15) and Adults (16+); both beginners and those who want to develop their sailing and racing skills.

Our courses are for existing and new Club members. Those wishing to book a course who are not already members may take out a three month membership (see page 30).

New this year are Keelboat and Catamaran Tasters sessions, and RYA Windsurfing courses. We are extending our range of Adult and Youth Sailing Courses to cater for more experienced sailors, and we are introducing a new group for our older Youths to run on Saturday afternoons, "Grafham Teens".

Gift vouchers are available for courses and for membership.

We hope you will enjoy learning and developing your skills on the water at our Club.

Contact:

training@grafham.org

01480 810478

TASTER SESSIONS

We run both Adult and Youth taster sessions for members and non-members. These are generally under the guidance of an instructor and are designed to give you an introduction to sailing. During the session you will have the opportunity to practise basic sailing skills.

Our most popular tasters are Dinghy based but we also run Keelboat (sail and keep your feet dry!), Catamaran and Windsurfer sessions.

Dinghy Taster Sessions

These run on Saturday mornings, and Tuesday mornings alongside our established “Tuesday Group”.

Available as a one, two or three hour session at £25 per hour.

Why not bring a friend? It's the same price for 2 people to take part!

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TAS-1HR/2HR/3HR	Sat 6 Apr - 28 Sep	09:30 - 13:00	£25 per hour
	Tue 2 Apr - 24 Sep (on request)	10:30 - 12:30	£50 per session

Keelboat Taster Sessions

This session is great for all age groups who would like to learn to sail a larger boat. It has a more comfortable sailing position than a dinghy which also makes it suitable for those who are less active. All sessions are run on Saturday mornings for two hours. This is a good introduction to the RYA Keelboat Level One course.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TAS-KB-2HR	11 May, 10 Aug	10:30 - 12:30	£50 per session

Catamaran Taster Sessions

Ideal for all age groups, from youth age 8 and above. Your opportunity to try multihull sailing. These run on selected Saturday mornings for two hours.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TAS-C-2HR	6 Apr, 8 Jun, 14 Sep	10:30 - 12:30	£50 per session

Windsurfing Taster Sessions

An introduction to windsurfing using our on-shore rig for initial familiarity before going out onto the water. These run on Saturday mornings for two hours and are run as a group activity. We would advise that you wear a wetsuit and boots.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TAS-SB-2HR	6, 27 Apr, 11, 25 May 8, 22 Jun, 13, 27 Jul 10, 24 Aug, 14, 28 Sep	09:30 - 11:30	£15 per session



We are also running Youth RYA Team 15 Windsurfing sessions – please see page 27

YOUTH SAILING

Youth Beginner Sailing Course - RYA Stage 1 & 2



On this course you'll go from beginner to confident sailor.

The course includes basic sailing skills and background knowledge, like launching and landing, steering, naming parts of the boat, knots and collision avoidance. There will be a mixture of practice exercises, fun games and wacky races, and there is a high chance that you will get very wet at some point! By the end of the course you will be able to steer, turn the boat around (tack), control the boat's speed and return to shore safely.

Our Saturday afternoon "Team Grafham" session is the ideal next step.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
YTH-12-5-MAY	27 - 31 May	9:30 - 16:00	£250 (5 full days)
YTH-12-5A-JUL	8 - 12 Jul	9:30 - 16:00	£250 (5 full days)
YTH-12-5B-JUL	22 Jul - 26 Jul	9:30 - 16:00	£250 (5 full days)
YTH-12-5A-AUG	12 - 16 Aug	9:30 - 16:00	£250 (5 full days)
YTH-12-5B-AUG	26 Aug - 30 Aug	9:30 - 16:00	£250 (5 full days)

Team Grafham

Team Grafham caters for young sailors aged 8 upwards with a range of experience. We include race training and seamanship skills for the more experienced sailors. For those sailors who have just mastered the basics, perhaps on one of our Stage 2 courses, Team Grafham offers a great way to develop skills and confidence, as well as having lots of fun and meeting other young sailors.

Team Grafham is also where we will carry out pre-course assessments for those who want to attend our more advanced courses.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TG	23 Mar - 26 Oct, 23 Nov, 7 Dec	13:30 - 16:30	£7.50 per session

Bookings may be made at a discounted price of £50 per block by the closing date below.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Closing date</u>
TG-B1	Block one: 23 Mar - 1 Jun	13:30 - 16:30	9 Mar
TG-B2	Block two: 8 Jun - 24 Aug		25 May
TG-B3	Block three: 31 Aug - 26 Oct, 23 Nov and 7 Dec		17 Aug

On the following dates Team Grafham will be incorporated into the following events:

<u>Date</u>	<u>Event</u>	<u>Venue</u>
20 Apr	Youth Regatta	Grafham Water Sailing Club
27 Apr	Cambs Youth League	Cam Sailing Club
1 Jun	Cambs Youth League	Grafham Water Sailing Club
13 Jul	Cambs Youth League	Ely Sailing Club
7 Sep	Cambs Youth League	Hunts Sailing Club
12 Oct	Cambs Youth League	Paxton Lakes Sailing Club



Advanced Youth Courses



These are our courses for the more experienced Youth sailor. Before booking onto any of these courses you need to attend a pre-course assessment. These are available during our Team Grafham sessions (see above).

RYA Stage 3 – 2 Day Course

You should have the knowledge and skills of a Stage 2 sailor and some additional recent practice.

This course will help you to become a good independent sailor. It includes rigging, launching and recovery, and sailing efficiently in every direction, as well as sailing techniques, capsized recovery and sailing theory. By the end of the course you will be able to launch and sail a dinghy around a triangle course efficiently in moderate conditions.

After taking Stage 3 you could either progress to Stage 4 in a two manned boat or Start Racing.

RYA Stage 4 – 2 Day Course

Following on from Stage 3 this is based on extending your knowledge in a two man boat. It includes launching and recovering from a beach, jetty or mooring and sailing around a triangle course in moderate conditions.

RYA SEAMANSHIP SKILLS - 2 Day Course

This course covers launching and recovering the boat in different circumstances, stopping, reducing sail, recovering a man overboard and anchoring.

START RACING – 2 Day Course

INTERMEDIATE RACING – 5 Day Course

ADVANCED RACING – 5 Day Course

Start Racing begins at fun racing and then the courses take you through to regattas with all you need to know to get you off the start line and round the course. If you go all the way to Advanced Racing you will have developed your techniques and skills to enable you to confidently take part in higher level competition.

Performance Sailing – 2 Day Course

After completing Stage 4 this is coaching to improve your sailing, primarily in a two person boat and to enable you to sail faster and more efficiently in all conditions.

COURSES WILL BE AVAILABLE BETWEEN THE FOLLOWING DATES ON REQUEST

<u>Dates</u>	<u>Times</u>	<u>Price</u>
15 - 19 Jul, 29 Jul - 2 Aug, 19 - 23 Aug	9:30 - 16:00	£150 2 Day Courses £250 5 Day Courses

Minimum numbers are required for these courses.

Grafham Teens

Run at the same time as "Team Grafham" this is the next stage and is the opportunity for our youth sailors to develop their skills more independently. From 13 years upwards.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
GT	23 Mar - 26 Oct 23 Nov, 7 Dec	13:30 - 16:30	£ 7.50 per session

Bookings may be made at a discounted price of £50 per block by the closing date below.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Closing date</u>
GT-B1	Block one: 23 Mar - 1 Jun	13:30 - 16:30	9 Mar
GT-B2	Block two: 8 Jun - 24 Aug		25 May
GT-B3	Block three: 31 Aug - 26 Oct, 23 Nov & 7 Dec		17 Aug

On the following dates Grafham Teens will be incorporated into the following events:

<u>Date</u>	<u>Event</u>	<u>Venue</u>
20 Apr	Youth Regatta	Grafham Water Sailing Club
27 Apr	Cambs Youth League	Cam Sailing Club
1 Jun	Cambs Youth League	Grafham Water Sailing Club
13 Jul	Cambs Youth League	Ely Sailing Club
7 Sep	Cambs Youth League	Hunts Sailing Club
12 Oct	Cambs Youth League	Paxton Lakes Sailing Club



GRAFHAM TEENS

Team Grafham Racing

This year we will be running "Team Grafham Racing" for our Youth sailors once a month on the last Sunday of each month. There will be two races; the first at 14:00. The intention is to build on the Team Grafham experience and take the next steps into organised racing. These sessions will be coached by your Team Grafham Instructors and run in conjunction with Club Sunday afternoon racing. Meet in the Café from 13:00.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
TGR	26 May, 30 Jun 28 Jul, 25 Aug 29 Sep, 27 Oct, 15 Dec	13:00 onwards	£7.50 per session

Bookings may be made at a discounted price of £35 for all sessions by the closing date below.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Closing date</u>
TGRB	All sessions	13:00 onwards	12 May

Please note that the session on the 29 Sept is the Duke of Edinburgh Club Championship so will be all day. The 15 Dec session is the Christmas Pursuit Race starting at 11:00.

Half Term Fun

From Wednesday to Friday of the May Half Term and Monday to Wednesday of the October Half Term, we will be running Half Term Fun. Participants will take part in a range of sailing activities including seamanship, adventures and some race training. The focus will be on having fun in a relaxed environment rather than gaining RYA certificates. Those taking part will need to bring their lunch or can pre-order one from the Café.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
MHT-19	29 May - 31 May	9:30 - 15:30	£120 (3 days)
OHT-19	21 - 23 Oct	9:30 - 15:30	£120 (3 days)

Youth Summer Camp

Now a regular feature in our summer programme:

- During the day our team, led by Chief Instructor Matt French, will provide opportunities to dinghy sail and windsurf. This is a fun week – no RYA certificates, but expeditions, games etc.
- From 17:00 onwards each evening we hand over to parents to supervise their children, with free camping allowed on site. If parents are available to help during the day as well, that would be great!!
- You can pre-order meals for the week – we offer Breakfast and Packed Lunches.
- If you're interested, there are only 30 places available
- All participants must have a parent or person acting *in loco parentis* overnight – minimum age 18.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
SC-19	5 - 9 Aug	9:30 - 17:00 (13:30 on last day)	(4 ½ days) £230 booked by 14 Jul £280 booked after 14 Jul



ADULT SAILING



The following courses are run over two consecutive days and are available in Dinghies and Catamarans. Level 1, 2 and Seamanship Skills can also be taught in keelboats which are ideal for those who are less mobile or are looking to get in to keelboat sailing. The keelboat course follows the same programme as the dinghy course but is tailored to suit keelboat sailing.

Adult Level 1 – Start Sailing

An introduction to sailing in one of our larger (2-3 person) dinghies (2000, Stratos or Catamaran). You will have an instructor on-board teaching you how to steer, control the boat's speed, turn around and sail in all directions. We will also cover rigging, knots, launching and recovering a dinghy, and basic safety aspects. We recommend that you follow this with the Level 2 course to consolidate your skills and gain confidence.

Adult Level 2 – Basic Skills

This two-day course builds on the foundation skills gained in Level 1. In addition to capsizing recovery, knots and safety aspects, we will refine your sailing skills and introduce you to some additional techniques and manoeuvres. You will develop the skills and confidence to sail proficiently and make your own decisions in light to medium winds. **Following on from this course, you will be able to hire the club boats or join our Saturday club coaching session to gain more experience.**

Adult Level 3 – Better Sailing

This will enhance your skills and develop your techniques in a single hander. A two day course designed to boost your confidence giving you the ability to progress to more advanced sailing such as Start Racing and Performance Sailing.

Seamanship Skills

Have you completed your Level 2 or 3 and would like to learn how to handle a wider range of situations afloat? On this course you will experience launching and recovering the boat in different circumstances, stopping, reducing sail, recovering a man overboard and anchoring.

Start Racing

From fun races to Regattas this course is all you need to know to get off the start line and round the course.

Performance Sailing

This will provide you with coaching to improve your sailing, primarily in two person boats with spinnakers and enable you to sail faster

All of the Adult courses are available on the following dates:

(Except Adult Level 3 which is not available 13 & 14 Apr or 8 & 9 Jun)



<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
AD-C1-2-APR	13 & 14 Apr	9:30 - 16:45	£195 (2 full days)
AD-C2-2-MAY	11 & 12 May	9:30 - 16:45	£195 (2 full days)
AD-C3-2-JUN	8 & 9 Jun	9:30 - 16:45	£195 (2 full days)
AD-C4-2-JUN	15 & 16 Jun	9:30 - 16:45	£195 (2 full days)
AD-C5-2-JUL	13 & 20 Jul (2 Sats)	9:30 - 16:45	£195 (2 full days)
AD-C6-2-AUG	3 & 10 Aug (2 Sats)	9:30 - 16:45	£195 (2 full days)
AD-C7-2-SEP	7 & 8 Sep	9:30 - 16:45	£195 (2 full days)
AD-C8-2-SEP	28 & 29 Sep	9:30 - 16:45	£195 (2 full days)

Adult Level 1 and 2 plus



This five day intensive option follows the same syllabus as the two-day Level 1 and 2 courses (see above) but with additional time available to develop your skills.

Intermediate and Advanced Racing

This five day course develops your techniques and skills to enable you to confidently take part in higher level competition.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
AD-12-5-MAY	27 May - 31 May	9:30 - 16:00	£395 (5 full days)
AD-12-5-JUL	22 Jul - 26 Jul	9:30 - 16:00	£395 (5 full days)
AD-12-5-AUG	26 Aug - 30 Aug	9:30 - 16:00	£395 (5 full days)

Sailing Clinic

During this Saturday morning session, the instructor will help you (and up to three friends) to improve your sailing, gain confidence or try something new.

You might want to familiarise yourself with a new boat, one of our Club boats, try catamaran sailing, learn how to use a spinnaker, or improve aspects such as your tacking, upwind sailing or leaving/returning to shore.

Available as a one, two or three hour session at £25 per hour.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
CL-1HR/2HR/3HR	6 Apr - 26 Oct	Available between 09:30 - 13:00	£25 per hour

Adult Club Coaching

These Saturday sessions are designed to help you to improve your sailing skills in a relaxed, supervised environment and lead on naturally to “Sociable Saturday” racing. As a group, we will decide on an activity that suits the conditions. You might improve your tacking one week, and learn techniques for going faster or practise a variety of controlled manoeuvres the next. We may also look at racing skills, such as starting, tactics, rules, etc.

Minimum sailing experience: Adult Level 2 or equivalent.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
AD-CC	6 Apr - 26 Oct	09:30 - 12:30	£5 per person

Sociable Saturdays

We meet at 14:00 in the Café and there will be one or two handicap races on a triangle course, with the first race starting at 14:30. The races follow on from the Club Coaching sessions, and is intended to be suitable for intermediate standard sailors and above.

Seasoned Sunday racers are welcome to join in, and perhaps provide coaching tips for others, or give their crews a chance to helm!

Afterwards, there will be an opportunity to meet, de-brief and have some tea and cakes in the Café.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday afternoons	6 Apr - 26 Oct	14:00 - 16:30	FREE

Tuesday Group

This is a chance for some friendly sailing supported by an experienced Club Sailor to help you develop your sailing skills. The group extends the session with tea and cake and you can even bring a friend along with you to try out sailing (please enquire at the office).

We began this programme under the Sport England #thisgirlcan campaign which was to encourage female participation in sport. Our Tuesday group though now welcomes both women and men.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Tuesday mornings	2 Apr - 29 Oct	10:30 - 12:30	FREE

Friendly Fridays

Friendly Fridays is our informal summer evening racing. It gives the opportunity to introduce family and friends to sailing and the Club, to try different boats, to sail with different people, and to improve your racing and sailing skills in a relaxed format with plenty of help for newcomers. Start the weekend with a sail along with other like-minded members.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Friday evenings	3 May - 9 Aug	18:00 onwards	FREE
		First start (slowest boat) at 1845	

Please refer to the website for boat class pursuit race start-times.

WINDSURFING

Let's Go Windsurfing – Start Windsurfing

These sessions are for Adults and Youths to develop windsurfing experience in light and moderate winds. You will focus on the essential basics; beach starts, non-planing gybes, harnesses and you will learn some freestyle moves. We have Club boards which you may hire with a wide range of sails, or you may bring your own board. There is also a land windsurf simulator.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
LGW	6, 27 Apr, 11, 18 May 8, 22 Jun, 13, 27 Jul 10, 24 Aug, 14, 28 Sep	09:30 - 11:30	£5 per session

Youth Windsurfing Team 15



This session is a RYA initiative to introduce young people into the sport of Windsurfing. They will learn the basics along with an excellent progression scheme for those who already know how to windsurf. Ideal for beginners to the sport as they will get to meet other young people with the same interest.

Participants will need to wear their own wetsuits and boots but buoyancy aids are provided.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
T15	6 Apr, 11 May, 8 Jun 13 Jul, 10 Aug, 14 Sep	12:30 - 14:30	£10

Let's Go Windsurfing - Intermediate

Build on "Let's Go Windsurfing – Start" with our Intermediate sessions.

Control your equipment in conditions that will enable you to enjoy the thrill of windsurfing. Refine your expertise in specific windsurfing techniques and practise core skills of the Fast Forward scheme. We will also be looking at planing, harness and footstraps. The prerequisite is to be able to sail comfortably upwind in moderate winds.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
LGWINT	27 Apr, 18 May 22 Jun, 27 Jul 24 Aug, 28 Sep 12 Oct, 26 Oct	12:30 – 14:30	£5 per session

Youth Beginner Windsurfing Course – RYA Stage 1



Begin by getting straight out onto the water and discovering windsurfing. You will be up and sailing around in no time with the ability to sail to a chosen point and return to where you started in light winds.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
YSW-2-MAY	28 & 29 May	09:30 - 16:00	£150 (2 full days)

Youth Windsurfing Course – RYA Stage 2



Once you have completed Stage 1 or equivalent standard, with stage 2 you will learn to tack and gybe to enable you to sail in all directions.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
YW-2-May	30 & 31 May	09:30 - 16:00	£150 (2 full days)

Adult RYA Start Windsurfing



An introduction to windsurfing for Adults using our Club boards. You will learn on a land windsurf simulator before taking to the water with on-water instructor support. You will learn the basics of windsurfing, tacking, steering and gybing. This is a two day course to provide you with the skills to sail out, enjoy windsurfing and return to the shore. We recommend that you complement this course with our Let's Go Windsurfing programme.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
ADSW-2-MAY	25 & 26 May	09:30 - 16:00	£195 (2 full days)

Adult RYA Intermediate Windsurfing



Have you completed the RYA Start Windsurfing course or have the equivalent skills and knowledge to Start Windsurfing?

This course will improve your technique and confidence through new skills such as a beach start and an introduction to the harness. You will be taught to sail on all points of the wind in a variety of conditions. The training will enable faster tacking and gybing, to the next steps of blasting control, using the footstraps and planing.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
ADINTW-2-SEP	21 & 22 Sep	09:30 - 16:00	£195 (2 full days)

POWERBOAT

Introduction to GWSC RIB Crew

An introduction to powerboating in one day to equip you with the knowledge required to act as crew on a GWSC powerboat. The course will include the basics of preparation of the boat and crew, launch and recovery, boat handling, picking up and securing to a mooring buoy, leaving and coming alongside and mark laying.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
IRC-MAY	12 May	9:30 - 16:45	£25
IRC-JUN	29 June	9:30 - 16:45	£25
IRC-JUL	21 Jul	9:30 - 16:45	£25
IRC-SEP	15 Sep	9:30 - 16:45	£25

Rebates are available for Safety Boat volunteers. Please enquire at the Office for details.

RYA Powerboat Handling Level 2



This two-day entry level course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence (ICC).

It focuses on low speed close quarters handling, man overboard recovery, an introduction to driving at planing speed, and collision regulations. No prior experience required.

Please note that this course is conducted in planing and displacement craft on inland waters.

We can also offer a one day direct assessment for experienced powerboaters who would like to be certified as PB2 - dates for this by arrangement.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
PB2-APR	13 & 14 Apr	9:30 - 16:45	£195
PB2-MAY	11 & 12 May	9:30 - 16:45	£195
PB2-JUN	8 & 9 Jun	9:30 - 16:45	£195
PB2-JUL	13 & 14 Jul	9:30 - 16:45	£195
PB2-AUG	17 & 18 Aug	9:30 - 16:45	£195
PB2-SEP	21 & 22 Sep	9:30 - 16:45	£195
PB2-OCT	12 & 13 Oct	9:30 - 16:45	£195
PB2-NOV	23 & 24 Nov	9:30 - 16:45	£195

Rebates are available for Safety Boat volunteers. Please enquire at the Office for details.

PB2+

This Club course takes our newly qualified safety boat drivers beyond their PB2 certificate to give them the confidence to help on a RIB with Club racing.

The course includes loading a RIB with buoys and anchors and a briefing by a Race Officer. On the water you will learn how to lay a racing mark and a pin-end buoy and also spend time on one of our Committee boats.

There is also a VHF refresher and some basic on-water rescues.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
PB2P-Mar	31 Mar	9:30 - 16:45	FREE
PB2P-May	26 May	9:30 - 16:45	FREE
PB2P-OCT	28 Jul	9:30 - 16:45	FREE
PB2P-SEP	1 Sep	9:30 - 16:45	FREE

RYA Safety Boat



This course covers the skills and techniques applicable to providing rescue cover at the club or when assisting with racing events. We will practise rescuing dinghies, catamarans and windsurfers, as well as introducing basic elements of race management and mark-laying.

It is ideal for competent powerboaters who are keen to become more involved with safety duties and open meeting events at the club.

Please note that RYA Powerboat Level 2 and a basic understanding of sailing boats and windsurf boards must be held prior to this course.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
SB-JUN	15 & 16 Jun	9:30 - 16:45	£195
SB-OCT	5 & 6 Oct	9:30 - 16:45	£195

Rebates are available for Safety Boat volunteers. Please enquire at the Office for details.

OTHER

Volunteer Training Session

These shore-based sessions are an introduction to the different ways in which you can help the Club by volunteering and what is involved in these various roles.

They will be run on Saturday afternoons throughout the year.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday	25 May, 13 Jul, 31 Aug, 9 Nov, 7 Dec, 21 Mar	14:30 - 16:00	FREE

RYA First Aid



A one day session which covers all of the usual first aid subjects, but from a boating perspective and also meets the requirements of RYA qualifications such as Dinghy Instructor.

<u>Course code</u>	<u>Dates</u>	<u>Times</u>	<u>Price</u>
FA-Apr	13 April	9:30 - 16:00	£30
FA-Oct	26 Oct	9:30 - 16:00	£30

This course is free for regular Safety Boat volunteers.

Club Mark Laying Course

A one day introduction to mark laying for racing. The day includes the basics of race management and time on the water laying marks. It is a great prelude to the RYA Regional Mark Laying Course.

It is open to our Safety Boat volunteers with PB2 or above. Please book your place with the Office.

	<u>Dates</u>	<u>Times</u>	<u>Price</u>
Saturday	25 May, 27 Jul, 31 Aug	09:30 - 16:30	FREE

Dinghy Instructor Course



The dinghy instructor course takes experienced sailors through the basic skills, knowledge and teaching techniques required to instruct, coach and develop sailors of all levels of ability.

There will be a maximum of six students and the course costs £295, including all relevant handbooks and logbooks from the RYA National and Youth Sailing Schemes.

A pre-entry assessment is required to confirm that you have the sailing ability and background knowledge required to become an instructor. You will be asked to sail a triangular course efficiently and must also successfully complete a variety of sailing manoeuvres. This is one of a number of qualifying criteria that should be met before your dinghy instructor course starts.

Please contact the office if you are interested.

SRC Courses (Marine Radio Short Range Certificate)



This course is run by East Coast Offshore Yachting; contact them directly to book. A discount is offered to Club members.

Please contact Les Rant on l.rant@outlook.com or 01480 861381.

Club Boats available for hire

The Club has a fleet of boats that are available for hire by competent Club members. The prices for hiring the boats are:

	Pico/Topper/RS Tera Funboat/Laser Radial Laser Standard/ Sailboard	2000/Dart 16 Laser Stratos
Per session	£15	£25

There is a discount of £5 on the above rates if booked for Team Grafham, Club Coaching or Let's Go Windsurfing

Sessions are morning, afternoon or evening for up to 3 hours.

Advance bookings can be made for a maximum of two sessions bookable for any future date. If you've already booked two sessions, further additional sessions can be booked a maximum of one week in advance. Discounts are given for more than one session booked per day.

Membership Rates – for an initial three month period

The training courses described in this booklet are for Club members (except where otherwise stated). Those wishing to book a course who are not already members may take out a three month membership.

Membership rates are:

	Three months	Full Year
Adult (25+)	£ 65	£ 250
Youth (under 25)	£ 15 (plus £15 non Sailing Adult for under 17s)	£ 65
Senior	£ 45	£ 185

The initial three month membership period starts on the first day of your training course.

Volunteer Vouchers

Volunteer vouchers may be used in part payment for all the above courses (but not for membership).